

# VIDEO SELF OBSERVATION

Name:

Date of Video:

Today's Date:

Class:

Period:

School:

Please fill out this form and reflect on each component as you watch your class on video.

## Evidence and Reflections:

1. Demonstrated expressive, animated, and articulate oral expression.	
2. Began lesson effectively.	
3. Clearly stated the objectives and purpose of each activity.	
4. Explained the directions for activities clearly.	
5. Encouraged equitable student participation.	
6. Gave adequate time for student response.	
7. Moved around classroom appropriately.	
8. Effectively checked for understanding.	
9. Used a variety of instructional techniques.	
10. Maintained smooth transitions.	
11. Consistently monitored student behavior.	
12. Closed the lesson effectively.	

List some other observations you had as you watched your video: